

周産期精神疾患、母子間愛着、 および情緒的コミュニケーション Perinatal Mental Illness, Attachment, and Affect Communication

■講師 *Linda M. Perez* (Professor, Mills College, USA)



Perinatal mental illness is a global public health concern that affects mothers and their babies. All countries confront the challenge of prenatal and postpartum depression and anxiety, but low- to middle-income countries face the greatest burden. This presentation makes visible perinatal mood and anxiety disorders that are often overlooked and affect the offspring. Transgenerational patterns of prenatal stress contribute to a constitutionally compromised neonate that is challenging for a depressed or anxious mother to regulate and bond.

Infants remain vulnerable to risks and open to protective factors for healthy development throughout the early years and into adulthood. Attachment plays a central role in how children develop and cope with stress. Secure attachments buffer children from high stress and are critical for the development of emotion regulation. There exists a recommended relationship based intervention that treats the mother's mental illness and facilitates secure infant attachment and emotion development.

■司会・コーディネーター

石田安実 ISHIDA Yasushi (グローバル人材育成推進センター特任准教授)

日時

2016年10月31日(月) 10:40 ~ 12:10

会場

本館124室

講義レベル：大学院生以上（学部生・教職員の参加歓迎）

使用言語：英語（通訳なし。必要に応じてアシストあり）

要申込：ジェンダー研究所ウェブサイトか右のQRコードからお申込み下さい。

